



Premier Prep School Update

Dear Premier Prep School Family,

We hope that everyone is happy and healthy. We are missing our little friends and families! Our goal is to have all of our littles back under one big roof very soon. As our state begins to re-open, there are several changes that have become our new normal. After spending extensive time at home and among family, we are anticipating some anxiety and fears with returning to school for both you and your child. We want you and your child to feel safe and assured as we head back to learning, work and play. I recently heard the lifting of the Shelter in Place described as a dimmer switch not a simple flip of a switch. It is our responsibility to take this to heart. The COVID19 virus will not instantly disappear, but with responsibility, we can resume our jobs and lives with confidence and security. We appreciate everyone's cooperation and support during this unprecedented time.

To prepare for your child's return to Premier Prep School there are a few things we would like for you to consider:

- Please determine how your job is classified by **The US Homeland Security**. At this time, May 5th, Child Care Licensing is only permitting the care of children of **"Essential Workers."** If you are unsure if your job is classified as "Essential," please reach out to me via email or phone, I have the extensive document that can help you determine if now is the right time.
- Your child is aware that something threatening is present. They may not be able to articulate it, but they undoubtedly feel it. They need reassurance that they will be taken care of and kept safe. If you are worried, so are they. When a child is insecure and fearful, they cannot meet routine expectations. Please start discussing your family's return to school and work with optimism and excitement.
- If you have loosened your child's sleep routines, reinstate your morning and evening waking/bedtime routines.
- Help your child perform and perfect proper hand washing. (I will send resources.)
- Strengthen your "I love You Rituals" maybe even develop brand new rituals. You can google, "I Love You Rituals" by Dr. Becky Bailey if you need help or suggestions.
- I will be meeting with our teachers throughout the day. We will be creating ways to assist you in preparing your family to emerge from your homes. If you have any questions, ideas, hopes, suggestions, please reach out to me. We want you to be confident with your child's return.
- For our families that have been with us through this storm, thank you for your strength, cooperation and your trust in Premier Prep School. Together we make an incredible team!
- If you don't already follow us on Facebook, please find us. We will be posting pictures and videos of our new routines, circle time, teachers and friends.
- To the families that have been Sheltering in Place, we hope to see you soon, soon, soon. You have been missed!

I am aware that everyone is anxious to get back to our pre-COVID19 lives. If you are contemplating when to make the move to resume life and need help or reassurance, please reach out to us. As always, thank you for allowing Premier Prep School to part of your child's education and care.



Ms. Chris and Mr. Rob